

Life Skills Ties

Domain: Social & Civic Responsibility

Level: 3-12

Title: Playing by the Rules

Materials Needed: Ball

Time Allocation: 10 minutes



Ask six people to come up in front of the group. Divide them into two teams of three. Make enough space for them to move somewhat freely. Now with no further instructions toss the ball into the air. Award a point to the team with the person who touches it first. Throw the ball again, but this time award a point to the team with the person furthest away from the ball when it hits the ground. Toss it again and award a point to the team with the person who makes the most noise while the ball is in the air. Continue this process until the teams are rather frustrated. Then invite them to join the rest of the group for discussion. Discuss what happened and why the game was frustrating. Now discuss what rules could be made to make the game fair and fun. Give the group a few minutes to invent a game that could be played that would be fair.

Questions

What processes should be followed as rules are made?

Why is important to write rules down?

